



ACKLAM GRANGE SCHOOL

PERSON SPECIFICATION: FITNESS INSTRUCTOR



	Essential	Desirable	Measured by
Qualifications / Training	<ul style="list-style-type: none">• Level 2 fitness qualification in group exercise	<ul style="list-style-type: none">• First Aid Certificate• Exercise Referral Qualification• Sports specific/physical activity coaching awards in a range of activities/sports• Sports/physical activity related academic qualification	A Verification of qualifications
Experience	<ul style="list-style-type: none">• Experience of delivering physical activity sessions to groups in a leisure/community setting		A/I
Knowledge and Understanding	<ul style="list-style-type: none">• Good knowledge of health related fitness• Experience of delivering health related fitness activity to groups	<ul style="list-style-type: none">• Knowledge/ understanding of the principles of sports development• Experience of working with diverse social groups	A/I
Skills	<ul style="list-style-type: none">• Excellent verbal communication skills• Ability to work in a demanding environment• Ability to lead activity sessions with groups of people• Ability to work autonomously to established guidelines• Self-motivation and ability to work to own initiative		A/I
	Essential	Desirable	
Person Characteristics	<ul style="list-style-type: none">• Excellent attendance and punctuality• An enthusiastic approach to working• Ability to work flexibly and respond to developing needs		A/I



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	<ul style="list-style-type: none">• Willingness to learn new skills and meet new professional challenges• Reliability and integrity• Positive and optimistic• Humour and resilience• Commitment to equality of opportunity for all members of the community		
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Measured by Key:

- AF - Application form/Letter
- I - Interview